



Love - Wisdom
Self-reflection - Progress

6

JUN

Happy Science San Francisco

HappyScienceSanFrancisco
501(c)(3) non-profit organization @happysciencetemple

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Soul Training Course available levels:
Basic, Intermediate and Advanced

4/22/2018

SUN	MON	TUE	WED	THU	FRI	SAT		
<p>New book: The Strong Mind</p> <p>We all go through various kinds of experiences in life: some bring us joy while others bring us pain and suffering. In truth, no one can avoid adversities in life because this world is meant to be a training ground for our souls, says author Ryuho Okawa. We are born here so that we can learn lessons and achieve soul growth through various experiences.</p> <p>The Strong Mind shows us how we can build a long-lasting foundation for our spiritual success, which we can achieve through making persistent efforts over a long period of time.</p>				<p>Detox Meditation 5:30pm - 6:15pm 6:30pm - 7:15pm</p>	1	2	<p>San Francisco Seminar in Japantown: Detox Your Poisons of the Mind: Meditation to Control Your Anger 10:30am - 12:00 1759 Sutter St, San Francisco</p>	
3	4	5	6	7	8	9		
<p>Recharging Meditation 9:30am - 10:15am</p> <p>Gratitude Service & Ritual Prayers: "The Laws of Future" 10:30 am - 12:30 pm</p>	Closed	<p>Lecture DVD Study (Japanese) 10:30am - 12:00</p> <p>SF Gathering (in Japanese) (Sunset District) 10:30am - 12:00pm</p> <p>Soul Training Basic level - Class III 6:30pm - 7:30</p>		<p>Detox Meditation 5:30pm - 6:15pm 6:30pm - 7:15pm</p>		<p>Soul Training Basic level - Class IV 10:30am - 12:00</p> <p>Japanese Cultural Fair in Santa Cruz 11:00 am - 6pm</p>		
10	11	12	13	14	15	16		
<p>Recharging Meditation 9:30am - 10:15am</p> <p>Sunday Service: Principles of Self Reflection 10.30 am - 12.00 pm</p> <p>The Laws of the Sun study group 1:00pm - 1:45pm</p>	Closed	<p>Lecture DVD Study (in Japanese) 10:30am - 12:00pm</p> <p>Soul Training Basic level - Class IV 6:30pm - 7:30</p>	<p>Santa Clara Central Library Meditaion 6:30pm - 7:30pm</p>	<p>Detox Meditation 5:30pm - 6:15pm 6:30pm - 7:15pm</p>		<p>Soul Training Intermediate level Class I 10:30am - 12:00</p>		
17	18	19	20	21	22	23		
<p>Detox Yoga & Meditation 9:30am - 10:15am</p> <p>Sunday Service: Real Love 10.30 am - 12.00 pm</p> <p>The Laws of the Sun study group 1:00pm - 1:45pm</p>	Closed	<p>Lecture DVD Study (in Japanese) 10:30am - 12:00pm</p> <p>Soul Training Inter level - Class I 6:30pm - 7:30</p>		<p>Detox Meditation 5:30pm - 6:15pm 6:30pm - 7:15pm</p>		<p>Soul Training Intermediate level Class II 10:30am - 12:00</p>		
24	25	26	27	28	29	30		
<p>Recharging Meditation 9:30am - 10:15am</p> <p>Sunday Service: Essence of Buddha - Six Paramita - 6 Action Guideline to Become New You 10.30 am - 12.00 pm</p>	Closed	<p>Lecture DVD Study (Japanese) 10:30am - 12:00</p> <p>North Bay Gathering 3:30 - 6:00pm (Japanese) 7:00 - 9:00pm (in English)</p> <p>Soul Training Inter level - Class II 6:30pm - 7:30</p>		<p>Detox Meditation 5:30pm - 6:15pm 6:30pm - 7:15pm</p>		<p>The Mind of Happiness Planting Koan Seminar by Kaz in Japanese 10:00am - 6:00pm</p>		